Learn more about breast reconstruction with Natrelle®.

Please see inside for Approved Uses and Important Safety Information.
Every woman’s JOURNEY IS DIFFERENT

While your breast cancer diagnosis determines your journey, you have a choice in how you move forward with breast reconstruction.

The Women’s Health and Cancer Rights Act of 1998 ensures that if you have health insurance that covers a mastectomy, your insurance company must also cover breast reconstruction and surgery to the unaffected breast for a symmetrical outcome. Contact your insurance company early on in the decision-making process, so you know what’s covered under your plan and for how long.

CHOICE—it’s truly a powerful thing.

MINA
A mother of two young girls who prides herself on one of her biggest accomplishments yet—fighting breast cancer.

Actual breast cancer and breast reconstruction patient with Natrelle INSPIRA® Breast Implants.

Individual results may vary.

Natrelle® 133S Smooth Tissue Expanders Important Information
Approved Uses
Natrelle® 133S Smooth Tissue Expanders are approved for breast reconstruction following mastectomy, treatment of underdeveloped breasts, and treatment of soft tissue deformities.

Please see Natrelle® 133S Smooth Tissue Expanders Important Safety Information on page 7.
Making the right choice is a TEAM EFFORT

BREAST SURGEON
Removes the cancer through a lumpectomy or mastectomy and/or other treatments. If you’re thinking about reconstruction, bring it up to your breast surgeon first. It may impact how he or she performs your mastectomy.

YOU
You are at the center of it all. Together, with both surgeons, you’ll talk about your options and create a plan that’s right for you.

LISA
A nurse with an active lifestyle who beat an aggressive form of breast cancer not once, but twice.

Actual breast cancer and breast reconstruction patient with Natrelle INSPIRA® Breast Implants.

Individual results may vary.

PLASTIC SURGEON
Reconstructs your breasts using one of several methods. Reconstruction with breast implants is just one option. It’s important to work with a plastic surgeon who specializes in the technique you want.

Please see Natrelle® 133S Smooth Tissue Expanders Important Safety Information on page 7.
AESTHETICS in breast reconstruction have never been better

With recent advancements in the development of products and breast reconstruction technology, your plastic surgeon now has more ways to create a look that's right for you.

You have a CHOICE in how you look

Talk to your plastic surgeon about the fullness you want—whether it's the same amount you had premastectomy or something different.

Your final look depends on many factors, including how much breast tissue you have after your mastectomy. Your surgeon can help you choose the best option based on your needs, wants, unique body structure, and more.

KAYLA

A brave 26-year-old with a family history of breast cancer who tested positive for a BRCA2 gene mutation and chose a double mastectomy and breast reconstruction.

Actual breast reconstruction patient with Natrelle INSPIRA® Breast Implants.

Individual results may vary.

Natrelle® 133S Smooth Tissue Expanders IMPORTANT SAFETY INFORMATION

Who should NOT get tissue expanders?

Do not use if you:
• Already have implanted devices that would be affected by a magnetic field.
• Have tissue unsuitable for expansion.

Please see additional Natrelle® 133S Smooth Tissue Expanders Important Safety Information on page 10.
Your plastic surgeon may recommend an implant-based reconstruction. Two-stage breast reconstruction is most common—69% of all breast reconstructions performed in 2018 were two-stage.

During your mastectomy, a tissue expander will be inserted and slowly expanded over a period of one to six months. A tissue expander is like a balloon and is used to recreate a breast pocket.

A breast implant can be placed under the chest muscle (subpectoral) or over the chest muscle (prepectoral). Learn more about this on page 16. Be sure to talk to your plastic surgeon about all your reconstruction options and which one is right for you.

Please see additional Natrelle® 133S Smooth Tissue Expanders Important Safety Information on page 10.
If you have enough tissue, your plastic surgeon may talk to you about one-stage, or direct-to-implant (DTI), breast reconstruction. DTI involves placing the implant immediately after the cancer and breast tissue have been removed.

Once there's enough space, a second surgery will replace the tissue expander with a breast implant.

Sparing your nipple may not be an option. Talk to your plastic surgeon about advancements in nipple reconstruction and tattooing.

Who should NOT get tissue expanders? (continued)
- Have an active infection or a residual gross tumor at the expansion site.
- Are undergoing adjuvant radiation therapy.

Natrelle® 133S Smooth Tissue Expanders IMPORTANT SAFETY INFORMATION (continued)
Who should NOT get tissue expanders? (continued)
- Have a physiological condition (eg, obesity, smoking, diabetes, autoimmune disease, hypertension, chronic lung or severe cardiovascular disease, or osteogenesis imperfecta) or use certain drugs (including those that interfere with blood clotting or affect tissue viability) that may result in a high risk of surgical and/or postoperative complications.

Please see additional Natrelle® 133S Smooth Tissue Expanders Important Safety Information on page 13.
Only Natrelle® gives you the MOST CHOICES

Natrelle® is the only implant brand that offers you 5 profiles in 3 different gummy gels.

What does gummy mean?

Gummy describes the consistency of the silicone gel in Natrelle INSPIRA® Breast Implants. This gummy-like gel sticks together and has the tendency to hold its shape.

Each implant in the Natrelle INSPIRA® Collection has a different level of cohesivity, or what plastic surgeons may refer to as gumminess.

The largest selection of smooth gummy implants for the fullness you want.

Based on your available tissue, body structure, and aesthetic goals, your plastic surgeon will help you choose the right profile and size (cc) for a result that’s right for you.

Natrelle® 133S Smooth Tissue Expanders IMPORTANT SAFETY INFORMATION (continued)

What else should I consider?

• Natrelle® 133S Smooth Tissue Expanders should NOT be used in patients who already have implanted devices that would be affected by a magnetic field.
• Active infection anywhere may increase risk of infection around the tissue expander. Certain infections may require premature removal of the device.
• Natrelle® 133S Smooth Tissue Expanders are temporary devices and are not to be used for permanent implantation or beyond 6 months. Tissue expansion in breast reconstruction typically requires 4 months to 6 months.

What are possible complications?

Deflation, tissue damage and/or appearance of the implant through the skin, infection, unwanted shape, unintended blood or fluid collection, capsular contracture (tightening of scar tissue that causes the breast to harden), premature device removal, bone/pain/sensation changes, and inflammation.

For more information, please visit www.allergan.com/labeling/usa.htm. To report a problem with Natrelle®, please call Allergan at 1-800-433-8871.

Natrelle® 133S Smooth Tissue Expanders are available by prescription only.
ENHANCING your fullness

Fat transfer can help give you more fullness than an implant can sometimes provide.

Your plastic surgeon may suggest a fat transfer as part of your breast implant reconstruction.

Fat transfer allows your plastic surgeon to transfer your own fat from one area of your body to another. Adding fat to reconstructed areas, such as your breasts, can fill in contour irregularities or slightly increase size.

Fat can transfer from here

To here

Breast reconstruction
Natrelle INSPIRA® Cohesive Style SCF-520 (right)
Style SCF-485 (left)

Fat transfer added
Photos provided by Dr Jacob Unger. Individual results may vary.

Did you know

60% In a survey of 456 US surgeons, more than 60% reported using fat transfer in breast reconstruction procedures.

Natrelle® Breast Implants Important Information

Who may get breast implants?
Natrelle® Breast Implants are approved for women for the following:
- **Breast reconstruction.** Breast reconstruction includes primary reconstruction to replace breast tissue that has been removed due to cancer or trauma or that has failed to develop properly due to a severe breast abnormality. Breast reconstruction also includes revision surgery to correct or improve the result of a primary breast reconstruction surgery.

Natrelle® Breast Implants IMPORTANT SAFETY INFORMATION

Who should NOT get breast implants?
- Women with active infection anywhere in their body.
- Women with existing cancer or precancer of their breast who have not received adequate treatment for those conditions.
- Women who are currently pregnant or nursing.

Please see additional Natrelle® Breast Implants Important Safety Information on page 17.
REVISING a past reconstruction

Pre-pec is one technique your plastic surgeon might use during a reconstruction revision surgery.

If you’ve had breast reconstruction in the past, a revision surgery may be necessary for a few reasons, including animation deformity.

Sometimes when breast implants are placed under the chest muscle (sub-pec), your muscle may start to pull on your tissue and cause unwanted or unnatural movements. This is called animation deformity. If this is the case, your plastic surgeon may recommend a reconstruction revision surgery to correct this by moving your breast implants over the chest muscle (pre-pec).

Before

Before

Revision reconstruction to pre-pec placement

Natrelle INSPIRA® SoftTouch
Style SSX-650

Photos provided by Dr Allen Gabriel.
Individual results may vary.

Natrelle® Breast Implants IMPORTANT SAFETY INFORMATION (continued)

What should I know before getting breast implants?

• Breast implants are not lifetime devices, and not necessarily a one-time surgery.
• Many of the changes to your breasts following implantation cannot be undone. If you later choose to have your implant(s) removed and not replaced, you may experience unacceptable dimpling, puckering, wrinkling, or other cosmetic changes of the breast, which may be permanent.
• Breast implants may affect your ability to breast-feed, either by reducing or eliminating milk production.
• Rupture of a silicone-filled breast implant is most often silent and may not be detected by you or your doctor. You should have an MRI 3 years after your surgery and then every 2 years after that for as long as you have your breast implants to determine if rupture is present. If implant rupture is noted on an MRI, you should have the implant removed, with or without replacement.

Please see additional Natrelle® Breast Implants Important Safety Information on page 20.
**ADVANCED implant technology**

A state-of-the-art shell

The gummy gel in *Natrelle INSPIRA*® Breast Implants is surrounded by a state-of-the-art breast implant shell that is designed to keep the gel inside.

A gel designed to stay in place

When *Natrelle INSPIRA*® Cohesive—the gumiest round gel implant in the US—is cut outside the body, the gel stays in place when held in your hand.*

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**Coverage for the JOURNEY AHEAD**

*ConfidencePlus*® gel warranty*

FREE coverage and automatic enrollment

**Rupture**

- Implant replacement: Lifetime for both affected and contralateral implants
- Out-of-pocket financial assistance: Up to $3500 for 10 years

**Capsular contracture Baker Grade III/IV**

- Implant replacement: 10 years for both affected and contralateral implants

**Additional event coverage**

**Late seroma**

Implant replacement: 20 years for both affected and contralateral textured implants†

**Late seroma diagnostic testing coverage**

If you have textured gel or textured saline breast implants, Allergan will cover up to $1000 of out-of-pocket fees toward diagnostic testing for late seroma to rule out breast implant–associated anaplastic large cell lymphoma (BIA-ALCL).

**BIA-ALCL treatment coverage**

In the event of a BIA-ALCL diagnosis, you are eligible for up to $7500 out-of-pocket financial assistance toward the removal of the breast implant(s) and the associated scar tissue (complete capsulectomy).

Allergan will also provide replacement implant(s) at no charge. For coverage eligibility, surgeons are directed to contact Allergan and provide appropriate documentation. Coverage valid for cases diagnosed on or after January 1, 2018.

*Valid for surgeries on or after November 1, 2014.

†Valid for cases diagnosed on or after January 1, 2019.

*Results inside the body have not been established.

*Please see additional *Natrelle*® Breast Implants Important Safety Information on page 20.
These women CHOSE THEIR LOOK with Natrelle®

Fullest look with a very rounded look on top

Natrelle INSPIRA® Cohesive Style SCF-650
Photos provided by Dr Ritu Chopra.
Individual results may vary.

Breast Reconstruction With Pre-pec Placement and Fat Transfer

Fuller look with more roundness on top

Natrelle INSPIRA® Cohesive Style SCF-415
Photos provided by Dr Allen Gabriel.
Individual results may vary.

Natrelle® Breast Implants IMPORTANT SAFETY INFORMATION (continued)
What should I know before getting breast implants? (continued)
- With breast implants, a routine screening mammography and self-examinations for breast cancer will be more difficult. Ask your doctor to help you distinguish the implant from your breast tissue. Symptoms of a ruptured implant may be hard knots or lumps surrounding the implant or in the armpit, change or loss of size or shape of the breast or implant, pain, tingling, swelling, numbness, burning, or hardening. Tell your doctor of these symptoms and remove ruptured implants.
- Inform any other doctor who treats you of the presence of your implants to minimize the risk of damage to the implants.

Natrelle® Breast Implants IMPORTANT SAFETY INFORMATION (continued)
What should I tell my doctor?
Tell your doctor if you have any of the following conditions, as the risks of breast implant surgery many be higher:
- Autoimmune diseases (for example, lupus and scleroderma).
- A weakened immune system (for example, currently taking drugs that weaken the body’s natural resistance to disease).
- Planned chemotherapy following breast implant placement.
- Planned radiation therapy to the breast following breast implant placement.
- Conditions or medications that interfere with wound healing and blood clotting.
- Reduced blood supply to breast tissue.

Please see additional Natrelle® Breast Implants Important Safety Information on page 22.
These women CHOOSE THEIR LOOK with Natrelle®

**Full look with slight roundness on top**

**Very little fullness on top**

**Breast Reconstruction With**
Sub-pec Placement and Fat Transfer

**BEFORE**

**AFTER**

Natrelle INSPIRA® Cohesive Style SCX-615

Photos provided by Dr Elizabeth Kim. Individual results may vary.

**Breast Reconstruction With**
Pre-pec Placement

**BEFORE**

**AFTER**

Natrelle INSPIRA® SoftTouch Style SSF-520

Photos provided by Dr Maurice Nahabedian. Individual results may vary.

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Natrelle® Breast Implants IMPORTANT SAFETY INFORMATION (continued)

**What should I tell my doctor? (continued)**

- Clinical diagnosis of depression or other mental health disorders, including body dysmorphic disorder and eating disorders. Please discuss any history of mental health disorders with your surgeon prior to surgery. Patients with a diagnosis of depression or other mental health disorders should wait for resolution or stabilization of these conditions prior to undergoing breast implantation surgery.

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Natrelle® Breast Implants IMPORTANT SAFETY INFORMATION (continued)

**What are some complications with breast implants?**

Key complications are reoperation, implant removal with or without replacement, implant rupture with silicone-filled implants, implant deflation with saline-filled implants, and severe capsular contracture (severe scar tissue around the implant). Other complications include asymmetry, nipple/breast/skin sensation changes, scarring, or wrinkling/rippling. Talk to your doctor about other complications.

Please see additional Natrelle® Breast Implants Important Safety Information on page 27.
RESOURCES for you

You probably have a lot of questions, but it can be hard to remember everything you want to ask when you’re actually with your plastic surgeon. Refer to this helpful list as a guide during your consultation.

Questions about breast reconstruction and breast implants

1. What are the different options for reconstructing my breasts?

2. Can implant-based reconstruction interfere with my cancer treatment?

3. Will my insurance cover the surgery or pay for any additional surgery that may be required?

4. I am having a unilateral mastectomy, will surgery be required on my other breast as well? If so, when will it be done?

5. What are the risks and complications associated with breast implants? And with tissue expanders?

6. Which Natrelle® breast implant can give me the fullness I want?

7. What can I expect during my recovery?

8. On average, when are patients able to resume normal activities?

For even more questions, download the full Consultation Checklist at Natrelle.com
More SUPPORT

In addition to your surgeons and your loved ones, you can find support and other helpful information online. Some resources to get you started are listed below:

- The AiRs Foundation (Alliance in Reconstructive Surgery)
- Breast Reconstruction Awareness USA Campaign
- BreastCancer.org
- Curémonos
- FORCE: Facing Our Risk of Cancer Empowered®
- Living Beyond Breast Cancer®
- National Breast Cancer Foundation, Inc.*
- Sharsheret®
- Susan G. Komen®

“I like sharing my story. I like letting other women know that they, too, can have breast reconstruction and keep moving forward.”

_Natrelle®_ Breast Implants IMPORTANT SAFETY INFORMATION (continued)

What are some complications with breast implants? (continued)

Talk to your doctor. For more information see the patient brochures at [www.allergan.com/labeling/usa.htm](http://www.allergan.com/labeling/usa.htm). To report a problem with _Natrelle®_ Breast Implants, please call Allergan at 1-800-433-8871.

_Natrelle®_ Breast Implants are available by prescription only.
Moving forward on my recon journey

Talk to your surgical team about your breast reconstruction options, including Natrelle®. We offer the most smooth tissue expander and implant options to fit your unique needs.

Natrelle

#MyReconReason #ThePowerOfYou @NatrelleBreastReconstruction

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